



**JOIN US FOR AN ONGOING FREE SUPPORT GROUP  
At  
BROOKDALE PALMER RANCH**

Julie Cook Downing, President of Caregivers' Comfort Creations®, LLC and an experienced Caregiver Support Group Facilitator, publisher and author says that "CAREGIVING IS QUITE POSSIBLY THE HARDEST JOB IN THE WORLD"™.

The family Caregiver is her passion and she welcomes ALL family Caregivers to attend her Support Group regardless of the patient's mental and/or physical illness. Julie believes that ALL Caregivers have the same "heart tug".

For each monthly Support Group, Julie provides a focused, compassionate and realistic perspective with family Caregivers. There is a topic each month and the focus is on the Caregiver because the patients receive lots of attention.

Having authored and published exclusive products for Caregivers, she has special tools to introduce to each Caregiver attending and provides sacred and confidential space for participants.

**Brookdale Palmer Ranch's Monthly Caregiver Support Details are as follows:**

**Location:** 5111 Palmer Ranch Parkway  
Sarasota, FL 34238

**Time:** 4:30 – 6:00p.m.

**Date:** EVERY 3<sup>rd</sup> Monday

**Registration:** Call the Brookdale Palmer Ranch Receptionist 941-926-1966  
Light Refreshments Served.

**Questions:** For more information, Call Maxi Hall, Sales Manager, 941-926-1966

Assisted Living Facility # 9737